

* LAS VEGAS *

BODYBUILDING CLASSIC

CONTEST VENUE
CASHMAN CENTER
THEATER

SATURDAY
NOVEMBER 7, 2009

CONTEST HOTEL
FITGERALD'S HOTEL
AND CASINO

NPC NATIONAL QUALIFIER
 SANCTION #8310

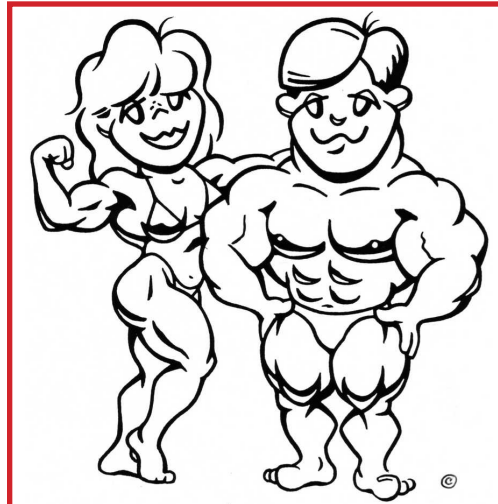
CLASSES

- OPEN MEN
- NOVICE MEN
- WOMEN
- TEENS
- MASTERS MEN (OVER 40, 50 , 60)
- MASTERS WOMEN (35 & OVER)

WEIGH-IN: FRIDAY ONLY
6:30 - 9 PM AT

CASHMAN CENTER THEATER
 Bring CDs only to weigh-in. NO CASSETTES

SATURDAY - MANDATORY
COMPETITOR MEETING - 9 AM
AT CASHMAN CENTER THEATER



20TH ANNIVERSARY

PREJUDGING • 10:30AM
 ALL SEATS \$20

FINALS • 6:30PM
 ALL SEATS RESERVED \$30

TICKETS AVAILABLE AT
J&J HEALTH FOODS EAST
 (702) 837-9991
J&J HEALTH FOODS WEST
 (702) 228-9030

TICKETS AVAILABLE AT CASHMAN
 CENTER THEATER BOX OFFICE
 DAY OF SHOW ONLY

MEN'S

- BANTAM WT. under 143-1/4
- LIGHT WT. 143-1/4 to 154-1/4
- MIDDLE WT. 154-1/4 to 176-1/4
- LIGHT HWT. 176-1/4 to 198-1/4
- HEAVY WT. 198-1/4 to 225-1/4
- SUPER HWT. over 225-1/4

WEIGHT CLASSES

NOVICE MEN

- LIGHT WT. up to & incl. 165-1/4
- MIDDLE WT. over 165-1/4,
up to & incl. 187-1/4
- HEAVY WT. over 187-1/4

WOMEN'S

- LIGHT WT. up to & incl. 125
- MIDDLE WT. over 125,
up to & incl. 140
- HEAVY WT. over 140

*Women may now wear multi-colored suits
and jewelry at night*

ELIGIBILITY

Must have a current NPC card
 (available at contest for \$85)

PREJUDGING

Comparison/Mandatory Poses

FINALS

90-second routine
CDs ONLY • NO CASSETTES
Bring to Friday night weigh-in!

POSING: Everyone poses at night. However, if time dictates, only top 5 in each class will pose

AWARDS: First 5 places in each class and overall for each division (Open & Novice)

ENTRY FEE: \$60 for each division (\$10 late fee after October 31, 2009)

ENTRY FORM: Send money orders only, payable to STEVE KARR
SEND TO: STEVE KARR • 7339 Silver Spirit • Las Vegas, NV 89131

NAME _____ PHONE _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 DIVISION _____ WT/HT CLASS _____ EMAIL _____

In consideration of your accepting this entry, I hereby waive all claims I may have against the NPC, Lee Millard, Steve Karr, the Las Vegas Convention & Visitors Authority and any sponsor for any and all injuries suffered by me resulting from participation in the 2009 LAS VEGAS BODYBUILDING, FITNESS, FIGURE & BIKINI CLASSIC. I further agree to have my participation in this competition videotaped and photographed and I hereby waive and release all rights to said videotapes and photographs for their exclusive use in the illustration and/or depiction of and concerning the sport of bodybuilding.

Signature of Contestant _____ Date _____
 Parent or Guardian (for persons under 18) _____ Date _____

For more information contact Steve Karr or Lee Millard at 702.367.2937

* LAS VEGAS FITNESS CLASSIC *

COMPETITOR INFORMATION

An open competition for **WOMEN ONLY** • **NO WEIGHT CLASSES**

Everyone competes in the same division

PRE-JUDGE & FINALS

Be prepared to do your routine to music • **NO LONGER THAN 2 MINUTES**
CDs ONLY. NO CASSETTES • Bring music to Check-In

ROUTINE

Judges will look for style, personality, athletic coordination and overall presentation. Contestants should pay special attention to their apparel, because it will also be judged. Routine may include aerobics, dance gymnastics or other movements, but there are no required moves. Props may be used but must be approved by the promoter in advance. Athletes must be able to carry their own props on stage. Athletic shoes must be worn in this round.

JUDGING CRITERIA • 2 PIECE SWIMSUIT

The contestants will be brought out in their 2 piece swimsuit with heels in one or two lines for the quarter turns. The judges will score the degree of athleticism by assessing the degree of firmness, symmetry, proportion and overall physical appearance including complexion, poise and overall presentation. **NO BODY OIL ALLOWED.** Thong suits are **NOT** permitted.

FORMAT

PRE-JUDGE & FINALS

2 Rounds

2 Piece Suit & Routine Round

* LAS VEGAS FIGURE CLASSIC *

COMPETITOR INFORMATION

OPEN WOMEN'S DIVISION • 4 HEIGHT CLASSES

A. Up to an including 5'2" B. Over 5'2" and up to and including 5'4"
C. Over 5'4" and up to and including 5'6" D. Over 5'6"

MASTERS WOMEN'S DIVISION

35 and over • One Class

JUDGING CRITERIA • 2 PIECE SWIMSUIT

The competitors will be brought out in their 2 piece swimsuit with heels in one or two lines for the quarter turns. The judges will score the degree of athleticism by assessing the degree of firmness, symmetry, proportion and overall physical appearance including complexion, poise and overall presentation. **NO BODY OIL ALLOWED.** Thong suits are **NOT** permitted. All swimsuits must be in good taste.

FORMAT

1 Round, 2 Piece Suit

* LAS VEGAS BIKINI CLASSIC *

COMPETITOR INFORMATION

OPEN WOMEN'S DIVISION • 4 HEIGHT CLASSES

A. Up to an including 5'2" B. Over 5'2" and up to and including 5'4"
C. Over 5'4" and up to and including 5'6" D. Over 5'6"

MASTERS WOMEN'S DIVISION

35 and over • One Class

JUDGING CRITERIA • 2 PIECE SWIMSUIT

The competitors will walk onstage alone and perform their model 'Model Walk' (personal preference) wearing a two-piece swimsuit and heels. The Model Walk consists of the following: Walk to the center of the stage, stop and do a front stance, then a full turn and do a rear stance. Then, turn to the front again.

Contestants will then be brought out in a group and directed to do a Front and Rear stance. No side judging. Judges will be scoring competitors on balance, shape, and overall appearance including complexion, skin tone, poise and overall presentation. **NO BODY OIL ALLOWED.** Competitors will compete in a 2 piece. The bottom of the suit must be V Shaped. Thongs suits are **NOT** permitted. Competitors can compete in an off the rack suit. All swimsuits must be in good taste.

FORMAT

1 Round, 2 Piece Suit

ALL COMPETITORS

FRIDAY ONLY • MANDATORY CHECK-IN: 6:30 - 9pm at CASHMAN CENTER THEATER

SATURDAY • MANDATORY COMPETITOR MEETING: 9am at CASHMAN CENTER THEATER

Prejudging: 10:30am Finals: 6:30pm

ELIGIBILITY • All competitors must have a current NPC card (available at contest for \$85)